

## **Welfare Contacts**

**Junior Deans**: Along with the entire welfare team, the Dean and Junior Deans offer advice, help, and guidance to students at every stage of their studies. The Junior Deans are fellow students. If you would like to get in touch with the **Junior Deans**, please contact:

**Abdalrhaman (Abdo) Koko:** + 44 (0)7585 600441 (23:00 - 07:00)

**Athanasios Peftinas:** + 44 (0)7585 600441 (23:00 - 07:00)

junior.dean@stx.ox.ac.uk

**LGBTQ** Representative: (stx.lgbtq.rep@stx.ox.ac.uk). The LGBTQ rep can also be contacted for any relevant support in dealing with instances of homophobia, biphobia, transphobia, etc. as well as for general issues and difficulties experienced by queer or similarly identified students in the College. They can also connect students with other helpful resources, such as representatives from the Oxford University LGBTQ Society, and support organisations around Oxford.

Members of College Staff: You can always talk to College staff if you need advice. The Dean offers advice, help, and guidance to students at every stage of their degrees. The Dean is Dr Heather Hamill (dean@stx.ox.ac.uk). You are welcome to contact the Bursar, John Tranter (bursar@stx.ox.ac.uk) or the Academic Registrar, Sharon Durno (academic.registrar@stx.ox.ac.uk) to discuss any matters that may be troubling you.

If you are unsure who to ask for advice, please contact the Bursary Administrator Jocelyn Larsen in the first instance. Jocelyn will know who is best placed to advise you, and any conversation will be treated with confidentiality: <a href="mailto:bursary.admin@stx.ox.ac.uk">bursary.admin@stx.ox.ac.uk</a> or (01865 2) 78477.

College Doctors: The college doctors are Dr Laurence Leaver and Dr Mark O'Shea at the Jericho Health Centre, which is located in New Radcliffe House on Walton Street, OX2 6NW. You can call 01865 311234 to arrange an appointment. Call 111 for emergencies out of hours.

**Counsellor:** Laura Evers is the dedicated College Counsellor. Laura is a member of the University Counselling Service team and will be on site with us from 14:00-17:00 on Mondays during term. She has shared details of how to make an appointment with the Counselling Service here:

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https://www.ox.ac.uk/students/welfare/counselling/appointment?wssl and can be contacted directly to make an appointment in College by emailing <a href="mailto:counsellor@stx.ox.ac.uk">counsellor@stx.ox.ac.uk</a>

## **University Support Services**

Oxford University Students' Union Student Advice Service: OUSU provides free and confidential support for all University of Oxford students. The service has three advisors that you can contact with any concerns you may have, including support for student parents, mental health problems, harassment, or academic concerns. More information can be found at <a href="https://www.oxfordsu.org/wellbeing/student-advice/">https://www.oxfordsu.org/wellbeing/student-advice/</a>

University Counselling Service: The University of Oxford offers free and confidential support for students experiencing difficulties. You can arrange an appointment by emailing them at counselling@admin.ox.ac.uk, and more information is available at <a href="http://www.ox.ac.uk/students/welfare/counselling">http://www.ox.ac.uk/students/welfare/counselling</a>.

**Nightline**: Nightline is a confidential listening and information service that runs between 20:00 and 08:00 during term time (0<sup>th</sup> to 9<sup>th</sup> weeks). Contact via phone on 01865 270 270 or skype oxfordnightline <a href="https://oxford.nightline.ac.uk/">https://oxford.nightline.ac.uk/</a>.

**Advisory system:** Each student upon arriving at STX is assigned a Senior College Advisor (a Fellow at St Cross) and a Junior Advisor (a student in similar field of study). Advisors can be approached for advice on any subject.

Free condoms, lube, pregnancy tests, personal alarms, and dental dams: Free welfare and sexual health supplies can be found in the Welfare Locker in the post room (ask the porter if you can't find it). Condoms can also be found in the Caroline Miles Room (box on windowsill) and the Bathrooms (near sinks) next to the Bar - these run out more quickly than the locker in the post room so if these are empty, always try the post room in the meantime.

STX morning after pill reimbursement: The SRC provides reimbursement for the morning after pill in circumstances when getting an emergency appointment for a prescription is not possible (e.g., weekends, busy weekdays). We will not be distributing the pill - whoever needs reimbursement will still have to talk to a licensed pharmacist (e.g., Lloyds, Boots). Please keep the receipt and once provided to female.welfare.rep@stx.ox.ac.uk, they can reimburse you in cash. This process is completely confidential.

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